

Anaesthetic management of a patient with Sturge-Weber Syndrome for Trabeculectomy

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Sturge-Weber syndrome is a rare syndrome present at birth, characterized by port-wine stain birthmark on face and associated with nervous system and ocular problems.¹ We report a case of a 15 year old girl who presented for trabeculectomy for uncontrolled glaucoma. She was diagnosed to have Sturge-Weber syndrome. General anaesthesia was given for the procedure. Perioperative anaesthetic management is presented in this case report.

Keywords: Anaesthesia; Sturge-Weber syndrome; port-wine angioma; glaucoma

Introduction

Sturge-Weber syndrome (SWS) is congenital vascular disorder of unknown etiology. It manifests as facial angioma or leptomeningeal angioma. The facial angioma can involve eye structures leading to refractory glaucoma, which require surgical treatment. The leptomeningeal angioma is associated with progressive neurological symptoms, such as seizures, hemiparesis, and mental retardation.²

Anaesthesia of patients with SWS poses a few challenges. Vascular angioma involving airway may lead to difficulty in laryngoscopy and intubation. Glaucoma and brain angioma make smooth induction and laryngoscopy necessary to prevent increase in intraocular (IOP) and intracranial pressure (ICP).³ Perioperative events like hypoxaemia, hypoglycemia, hypotension, ischaemia and hyperthermia may precipitate status epilepticus¹ and should be avoided.

Case report

A 15 years old girl who weighed 41kg, and was a known patient with SWS, presented with glaucoma, which was refractory to medical therapy. She was planned for a trabeculectomy procedure under general anaesthesia. She had a history of convulsions from birth up to age of 3 years. She was currently not on anticonvulsant therapy and a salbutamol inhaler for occasional wheezing.

She was on oral acetazolamide 250mg twice a day and timolol eye drops twice a day for glaucoma.

She had a port-wine stain mark on the right side of her face involving the areas of the ophthalmic and maxillary division of the trigeminal nerve. (Figure 1, Figure 2) There were no other oropharyngeal haemangiomas on airway evaluation. Routine blood and urine investigations were normal. CT scan of the head had been done one year back and did not reveal any haemangiomas in the brain or cerebral calcifications.

The patient was taken to operation theater for planned trabeculectomy under general anaesthesia. 20G cannula was inserted 45 min after applying EMLA cream. Intravenous midazolam 1mg and mannitol 0.5mg/kg were given 30min before the procedure to reduce anxiety and intraocular pressure. Routine monitoring (ECG, NIBP, SpO₂, capnography) was initiated and intravenous alfentanil 0.8mg was given prior to induction to attenuate intubation response, followed by i.v. propofol 80mg and vecuronium 4mg. After 4 min, gentle laryngoscopy and intubation was carried out. Anaesthesia was maintained with isoflurane, oxygen, and air with good haemodynamic stability (Figure 3). Morphine 4mg i.v. was given for analgesia.



At the end of the surgical procedure, extubation was carried out under deep anaesthesia after reversing with neostigmine 1.6mg and atropine 0.8mg intravenously to minimize the extubation response. Diclofenac sodium 50mg suppository was inserted for postoperative pain relief. The patient's recovery was uneventful and she was discharged from the hospital on 2nd postoperative day.

Figure 1



Figure 2

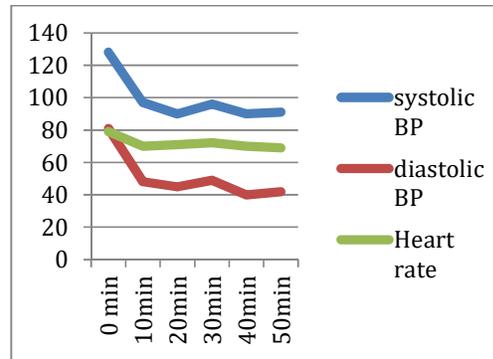


Figure 3: Haemodynamic parameters

Discussion

Characteristic feature of SWS include, an angiomatic lesion of the skin usually in the distribution of trigeminal nerve (This patient had a typical facial lesion) and similar lesions in ipsilateral cerebral hemisphere. Other manifestations include ocular anomalies such as glaucoma, retinal detachment, haemangioma of the choroid and optic atrophy etc. 1/3 of patients with SWS have glaucoma and it is common when there is port-wine mark on ophthalmic branch of trigeminal nerve.^{3,4}

These patients present for various surgeries such as dental procedures, trabeculectomies, eye examination, surgery for intractable epilepsy, or other surgeries.^{3,4}

Usually anaesthesia is uneventful. Intubation difficulties may exist due to angioma in the airway (lips, pharynx, trachea). Severe bleeding can occur due to damage of a vessel in angioma. An experienced anaesthetist should attempt the intubation using well-lubricated, non-styleted, cuffed endotracheal tube. Patients may present with uncontrolled epilepsy on multiple medication, which can have an interaction with anaesthetic medication. Anaesthetic drugs and technique is carefully selected to prevent increase in IOP and ICP and to have good haemodynamic stability during procedure. We selected propofol, alfentanil, isoflurane, and vecuronium. Bucking, straining, airway obstruction during induction and emergence



increase IOP and ICP and was prevented in our patient.

Conclusion

We conclude that children with SWS need careful assessment prior to anaesthesia for SWS related complications. Anaesthesia should be planned to avoid trauma to haemangiomas lesions and a rise in intraocular and intracranial pressure.

References

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